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HEALTH AND WELLBEING BOARD  
MINUTES OF THE MEETING HELD ON 13 SEPTEMBER 2023

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Present: Councillors  
Rob Kurn, Debbie Chase, Dr Sarah Young, James House and Dr Michael Roe

Apologies: Councillors Fielker, Henderson, P Baillie, Burgess and Grundy

1. **DISCLOSURE OF PERSONAL AND PECUNIARY INTERESTS**

Councillor Kenny declared she was a Governor of a Mental Health Trust.

2. **APPOINTMENT OF VICE-CHAIR**

Dr Sarah Young was appointed as Vice-Chair for the forthcoming Municipal Year 2023/24.

DR SARAH YOUNG IN THE CHAIR

3. **MINUTES OF THE PREVIOUS MEETING (INCLUDING MATTERS ARISING)**

RESOLVED: that the minutes of the meeting held on 8<sup>th</sup> March 2023 be approved as a correct record subject to Dr Sarah Young title being amended from Managing Director to Clinical Director.

4. **WE CAN ALL BE ACTIVE - UPDATE ON STRATEGY**

The Board received and noted the report of the Cabinet Member for Adults, Health and Housing detailing the Southampton "We can be Active" Strategy progress report and the swot analysis detailed in the appendix of the report.

The Board noted that since the report had been written Government had released their "Get Active" Strategy and established a cross Government Task Force to oversee its delivery. It was noted that there would be no additional funding for leisure utilities nationally.

The Committee made the following comments on the swot analysis and noted that Dr Sarah Young and Terry Clark had agreed to pick up with health leads as part of the continual improvement process on the action plan for the strategy and in co-production with the Physical Activity Alliance: -

- Links with health and care and involvement of mental health opportunities which was an area still to be grown.
- Need for community discussions around the issue of public toilets as this often made it more difficult in getting older generations moving.

5. **DEVELOPMENT OF A MENTAL HEALTH & WELLBEING STRATEGY**

The Board received a presentation from Dr Debbie Chase detailing the development of a Mental Health and Wellbeing Strategy.

The Board noted that in September 2022 the Office for Health Improvement and Disparities Prevention Concordat for Better Mental Health had been established and was a nationally recognised commitment that aimed to take a prevention-based approach to public mental health.

It was noted that there was a requirement of the Concordat that there was a local Public Mental Health Plan which was now being developed in the format of the Mental Health and Wellbeing Strategy.

The next steps of the Strategy were noted which would involve continued engagement with the H&WBB, a public consultation in the Autumn with completion in the Spring/Summer with the establishment of a Multi-Agency Partnership to oversee the implementation of the Strategy.

The Deputy Police and Crime Commissioner was in attendance and provided an overview of the National Police Campaign "Right Care, Right Person". Assurance was also provided to the Board that within Hampshire Constabulary there had not been any cuts to Mental Health and Policing and there would continue to be police overlap in cases.